



Well this week's has to be the quickest interview I have ever done, well when you're talking with someone who once had a try out on X Factor wants to open a slicky posh up market bar, does a drive time show and a Saturday morning slot, well there's just no time to stand still and have a real chat so this weeks guest would like you to know that she is in no way like Alan Partridge, has donned the Red Coat and does a quiz in Norwich!

Hooked yet? Well read on and find out more about Norwich 99.9's

### Tina James

Well I find myself dressed in very small pair of shorts, a white sleeveless T-shirt and some running shoes looking more like a 118 man than an reporter to try and keep up with you Tina, so why not tell me about yourself!

You would have never thought I would have ended up working in Radio, left school trained and qualified as a hairdresser then decided to be a Redcoat (Havemate) loved it and I truly

believe it was my stepping stone to where I am today. Being a Redcoat was a challenge although very rewarding at the same time, after this I decided to venture to Majorca and I became an entertainments manager for 2 years. Compare this to radio? Well not much difference, you have to give it your all, long hours and commitment and above all enjoy every minute of it!

(She's got a good pace; I am already starting to sweat). Norwich Radio, to most of the UK who remember the 90s, is Alan Partridge, has this changed now you're in the 2000s?

Although Norwich is always remembered for its connection with Alan Partridge, I couldn't more the opposite. I am a working mum who loves to have a chat about the topics of the day from seasonal fashions in the city to road works and annoying bin collectors! You name it we will talk about it!

(We've stopped and as I do one of those sad attempts to breath, she starts doing push ups)

So what's (breath) your show (breath) all (breath) about (double breath)?

On my daytime show 10-2pm, I challenge local businesses on my Brains of Norwich Quiz, finding out their music knowledge. Although I don't listen to my voice much, most people do say I have a very smooth & warming voice.

(She's off again, please God, give me strength.) You have a fear of people dressed as foxes and other kinds of costumed characters, why?

My fear of people dressed up as a Fox this comes from when I was a child, didn't like Beatrix Potter & still don't and believe it or not I still have a massive fear of the incredible Hulk, scares the life out of me!

(I see my chance and take it!) look Tina there's Mr Blobby (she comes do a hat and starts to look round, a chance to rest and get in another question, what's it like at Norwich 99.9?

We have a great team at Norwich 99.9, I have been here now for 4 years and they are like my second family. My boss Tom Kay has given me the chance to prove myself and has been totally understanding, it was tough in the start, a single mum with a one year old, but you get through it and find the balance and it all works out.

(She's still looking round as I point at a bush and shout) a Wombiel (she screams, I know it's not nice but I have a stich) so you're an X factor wanna be, how did that happen?

X factor Good Fun! I went down to London brilliant day out, but a long day. What you see on the TV is totally different, you have to go through 3 lots of judges before you get to see

the main judges! I got knocked out the first round!! Chico was there on the day I was there, yes many years ago 2005.

What time is it? It's Chico time. Wonder what he's up to these days, (I look round and see that I am talking to myself as she's off like lightning again, once I'd nicked a bike of a little girl, (pink with tassels) and finally catch up I drop in a question to slow her down) You have an idea of opening up a fancy, dancie, poshie up market wine bar, what's that all about?

One of my day/dreams is to have a nice wine bar, good music or I would like a 60's retro bar (thought would be great), just to play that music all day everyday, love the Mod scene!

(She suddenly stops dead in her tracks, she looks straight at a window, there's a big 50% off sign on all clothes till Monday, bang she's off again, typical woman, never misses a bargain) Hey wait up Tina, so what's radio been like for you so far?

Like in every job, you have your up and down days and radio is no different, it's just making sure the time you are in to work to give it 100%, don't get to annoyed with yourself if you are having a bad day and try to fit in your family and hobbies. We work most of our lives on the crazy planet! So make it fun!!

(She suddenly stops and starts to stretch, is this the end? Please God.) So where would you like to see your self in ten years (hopefully slowing down a bit)?

In ten years? Now that's a question? Hopefully doing what I do and hopefully better than it was 10 years ago. When the day comes along that I don't enjoy it anymore, then I stop and do something else!

Look I know you're a busy lady and haven't much time, so before you do a runner how about a quick shameless plug?

Tune in and say hello! Norwich 99.9, you can listen on-line at Norwich99.9.com, I do the daytime show 10-2pm Monday - Friday's and Saturdays 2-6pm.

And she's gone, that has to be the fastest interview I have ever done and as I am about to go off and get medical help, I suddenly feel myself waking up and wondering was that just a dream, until I hear the words "arrrrr harrrr" and I know it is time to get out of Norwich and fast... hee hee, I really enjoyed interviewing Tina and look forward to returning in ten years to see what's she's up to.

Well that's another week and if you want to be doing a marathon interview or just a stroll down memory lane get in touch and will speak soon.